

Rainbow House of Hope Uganda

Children's Voice

Sharing Youths Football Festival

Jimmy Hasslah, Philipp Innecken, 6.11.
Rainbow Young vs. Rangers
3 - 3

On Friday, 5th November we had our first match of the Sharing Youth Football Festival which was open for all ages and a eight a side tournament. We had registered even our youth- team so that they can become more experienced. Rainbow Young- average age of 16 and range from 14 to 18 years- played the opener of the tournament facing the Rangers- with an average age of 23. So it seemed just to become a matter of getting some experience.

The match started at 3.30 after the referee blew the whistle. Fortunately nearly all important players were able to play although the fixture was not perfect.

Rainbow Young, started very well and had much ball possession. After 12 minutes we even scored when Julius Sentamu netted the ball after a gorgeous dribble from the left side. Then again the Rangers defenders scrambled with the ball and Sentamu gave them no chance and scored his second goal in the 22nd minute. Some minutes later the ball was

again inside the goal of the Rangers. The goalkeeper was not able to catch the ball properly after a corner and Sentamu made his 3rd goal with a spectacular overhead kick. But the referee decided on off-side. It was a wrong decision- he was not off-side. However the Rangers fought back and scored the 2-1. But it took only short time until Rainbow countered with the 3-1- the third regular goal of Sentamu- HAT-TRICK!

On second half the Rangers improved their performance being better organized and goal- hungry. They made attacks in many occasions but our team resisted- until the 55th minute. They scored a goal and our defense was somehow squeaky. Poor communication made the opponents breaking through and scoring against us. In the 60th minute the equalizer: Sam wanted to clear a cross from the right flank but the ball found the way in our own goal. After this our team was shocked. But nothing happened anymore and the whistle was blown. The team made a very good performance and could have even won.



The Team!

It is a little bit disappointing to draw a game after a two-goal lead, but still we made a draw against a team which was much older than ours. This encourages us for the next game. We still have good chances to reach the semi- finals. We only need a win in the next game.

Line- Up:
Kawoya- Willy, Patrick- Frank, Happy (50. Niomby), Sam- Alama- Sentamu
Goals: *Sentamu (3x)*

Rainbow Spurs vs. Fighters
2 - 2

The game started directly after the match of the young was finished. It began in a tight mood. The Fighters intercepted much of our set pieces but Rainbow kept on attacking. In the 20th minute there was the first goal- unfortunately scored by the Fighters. It was a nice show from the 18 yard box after a striker broke through. Rainbow still continuing attacking but when the referee blew to finish the first half It was still a 1-0.

Second half began with Rainbow attacking now increasingly trying to score from the distance. Then in the 62nd minute Derek fought for the ball between two defenders and he

put in the ball in the net. Just four minutes later a switched ball from Hasslah found Derek at the edge of the 18 yard box. From there Derek passed the defender with a nice dribbling and he made a minus ball which beat the keeper and found Daniel (Manager) free, whose only task was to clinch the ball into the empty net. Rainbow made to turn the result from a 0-1 to a 2-1.

Soon afterwards a player from the Fighters had to leave the field with a red card after he committed a foul. But even this did not prevent the Fighters from getting the equalizer. In the 69th minute a breakthrough from the Fighters found Kasoto who ran fast for the ball and made a collision with the keeper of Rainbow hence scoring. 2-2.

Both teams were to exhausted to start any new attacks so nothing happened until the whistle was blown.

Line- Up:
Vivali- Fosca, Derek- Junior, Moses- Philipp, Hasslah- Daniel
Goals: *Derek, Daniel*



Philipp, the trainer gives instructions

Inside this issue:

Sharing Youths Football Festival	1
The RHU Beach Party	2
Update on the Girls Group	2
Did You Know?	2
Education: Democracy	3
Summary of the Regular Activities in Rainbow	3
Children's Page: Color me! - Africa	4
Language Course, Lesson 7: Family	4

The RHU Beach Party

Hannah, 28.11.
For the 28th of November Kabanda Denis prepared and organized a beach party for the Rainbow kids and youths. Because the children of Rainbow had not travelled anywhere in the last year it seemed to be a good idea to go to Aero Beach in Entebbe.

On Sunday everyone was excited to go to the beach and everyone entered the rented bus which took us to our destination.

Before we started we enjoyed lunch, prepared by Kabanda and friends and everyone was satisfied before we departed from Nsambya at around 1.30pm.

After we arrived in Entebbe the excitement was amazing and the children ran directly to the water,

got out of their clothes and jumped into lake Victoria.

Luckily it was a nice and sunny day so everyone who wanted could enjoy the day in the water. Even Hannah and Philip went into the water which was also nice for the children to play with their Bazungu friends. Some youths played football and volleyball and even two guitars had been brought by the youths and they jammed together.

After it became dark the bus was called again and by 9 pm we were leaving back to Kampala. Because everybody had so much fun on that day we thank Denis for his hard work and the contributors which made everything possible.



Rainbow kids having fun at the beach

Update on the Girls Group

Christine, 11.11.

Since Suzan left for continuing her education the Girls Group has remained active because they are interested in their group and I also decided to join them and participate with them in their activities. The Girls Group is very interesting because the girls like associating with each other and also with the volunteers because they can learn a lot from each other.

The Girls Group has its scheduled time table for evening time after school and the weekends.

Day	Activities	Persons responsible	Venue	Time
Monday	Lessons about social life, life skills, career development, girl child rights	Christine and volunteers	New Rainbow House	5-6pm
Friday	Role Play and questions, lessons learnt, recommendations and discussions	Participants, Christine and volunteers	New Rainbow House	5-6pm
Saturday	Social interaction, singing, dancing and playing	Dance and drama trainer, participants	New Rainbow House	2-5pm



Did You Know?



The word malaria comes from the words mal and aria, which means bad air. This derives from the old days when it was thought that all diseases are caused by bad or dirty air.

Education: Democracy

Christine, 12.11.

"Democracy" comes from the Greek word "demo" meaning people but in simple terms democracy is the government of the people, by the people and for the people. In democracy it is the people who have sovereign power over legislator and government.

Democracy is a generation's legacy to the future that is for our children and grandchildren. Indeed all people on this planet deserve nothing less than their rights as human beings to control their own destinies and work towards "liberty and justice for all" and it is the last and best for hope.

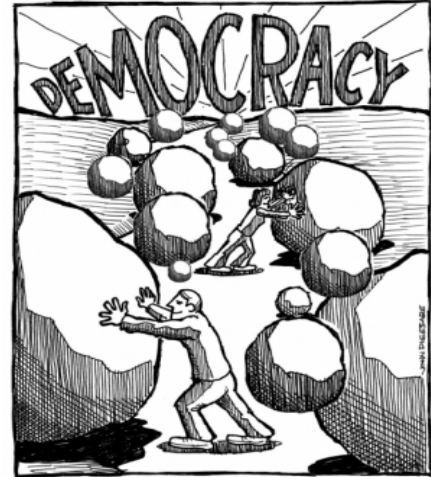
A democratic government is a government in which power and civil responsibility are exercised by all citizens, directly or through their freely elected representatives.

Democracy is a set of principles and practices that protect human freedom. It is the institutionalization of freedom. Democracy offers the best protection we have against "ethnic cleansing" and genocide, racial and religious discrimination, terrorism and the ever present hegemonic impulse of the powerful to determine the weak at the personal level. It offers us the opportunity to use our considerable skills to make the world a better place.

Democracies understand that one of their prime functions is to protect such basic human rights as freedom of speech and religion, the right to equal protection under law and the opportunity to organize and participate fully in the political, economical and cultural life of society.

Therefore democracy leads to success of

Therefore democracy leads to success of law in the organisations and projects in way of stopping dictatorship. It is also a vital force for the economic development of countries.



Summary of the Regular Activities in Rainbow

Badminton

Learn how to play badminton and participate in tournaments.

Football

Learn how to play football and participate in tournaments.

Brass Band

Learn how to play an instrument, participate in the Rainbow Band, go for functions and represent Rainbow.

Girls Group

Discuss different topics, enjoy being with your fellow girls, get educated and learn many different (traditional) dances.

Children Afternoon

For our youngest members: playing, singing, drawing, modeling and dancing.

Movie Night

Watch educative or fun movies.

Art Action

Self-expression through art, improve your artistic skills and simply enjoy.

Crafts

Create beautiful jewelry, improve your designing skills and create an income for Rainbow.

Newsletter "Children's Voice"

Learn how to write articles, report about events, state an opinion and inform other people about Rainbow and many other things.

Children's Page: Color me! - Africa



*The monkey is looking for Uganda -can you find
Uganda on the map?*

Language Course, Lesson 7: Family

Deutsch	Luganda	English
(meine) Mutter	Maama (wange)	(my) Mother
(mein) Vater	Taata (wange)	(my) Father
(meine) Ehefrau	Mukyala (wange))	(my) Wife
(mein) Ehemann	Mwami (wange)	(my) Husband
(mein) Kind	Mwana (wange)	(my) Child
(mein) Sohn	Mutabani (wange)	(my) Son
(meine) Tochter	Muwala (wange)	(my) Daughter
(mein/e) Geschwister (gleiches Geschlecht)	Muganda (wange)	(my) Sibling (same sex)
(mein/e) Geschwister (anderes Geschlecht)	Mwanyinaze	(my) Sibling (opposite sex)
(mein) Freund	Mukwano (gwange)	(my) Friend